Life Enrichment Programs at Eldercare Services

Activity based programs designed to promote mental stimulation and encourage socialization.

These activities are appropriate for people who are cognitively intact and are seeking socialization and brain stimulation as well as people who are cognitively impaired to varying degrees.

Classes will include hands-on activities that are meant to create opportunities for sharing and reminiscing about personal experiences. Music and movement are included when appropriate for clients who are able:

- Crafts (like hand-made bird feeders)
- Sing-alongs
- Games (name that tune, flash cards, trivia)
- Short stories and poems

Recreational Therapy in the Home

Individualized activity programs that stimulate cognition and engagement for those who are homebound.

Our programs offer personalized activities based on the client’s interests, values and needs that can immensely improve the quality of life for an older, mobility-challenged adult.

Call now to schedule your in-home therapy session with our Recreational Therapist, Brenda Dickinson and let her 20+ years of experience help you and your loved ones enjoy a higher quality of life.