



National Memory Screening Program

An initiative of the Alzheimer's Foundation of America

National Memory Screening Week—Eldercare Services 1808 Tice Valley Blvd., Walnut Creek—Complimentary Community Service.

Eldercare Services will be participating in the AFA National Memory Screening Week by appointment only, **November 2nd—November 6th**. Please call our office at 925 937-2018 to schedule a free screening with one of our Professional Care Managers.

Who Should be Screened?

Memory screenings make sense for anyone concerned about memory loss or experiencing [warning signs](#) of dementia; whose family and friends have noticed changes in them; or who believe they are at risk due to a family history of Alzheimer's disease or a related illness. Screenings also are appropriate for anyone who does not have a concern right now, but who wants to see how their memory is now and for future comparisons.

These questions might help you decide if you should be screened. If you answer "yes" to any of them, you might benefit from a memory screening.

- Am I becoming more forgetful?
- Do I have trouble concentrating?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Do I sometimes forget where I am or where I am going?
- Have family or friends told me that I am repeating questions or saying the same thing over and over again?
- Am I misplacing things more often?
- Have I become lost when walking or driving?
- Have my family or friends noticed changes in my mood, behavior, personality, or desire to do things?

Note: A memory screening is not used to diagnose any particular illness and does not replace consultation with a qualified physician or other healthcare professional.